

WINDHAM HIGH SCHOOL

4/1/2024 MONDAY	4/2/2024 TUESDAY	4/3/2024 WEDNESDAY	4/4/2024 THURSDAY	4/5/2024 FRIDAY
CHOICE OF 1	CHOICE OF 1	CHOICE OF 1	CHOICE OF 1	CHOICE OF 1
NO SCHOOL	CHICKEN PATTY SAND. W/G BUN	CORN DOG	PASTA W/MEAT SAUCE W/G ROLL	PIZZA GRILLED CHEESE SAND. W/G BREAD
	PBJ UNCRUSTABLE	PBJ UNCRUSTABLE	PBJ UNCRUSTABLE	PBJ UNCRUSTABLE
CHOICE OF 2	CHOICE OF 2	CHOICE OF 2	CHOICE OF 2	CHOICE OF 2
	TOSSED SALAD W/TOM. GREEN BEANS	POTATO WEDGES CARROTS	ZUCCHINI STICKS CORN	BAKED LAYS BROCCOLI
CHOICE OF 2	CHOICE OF 2	CHOICE OF 2	CHOICE OF 2	CHOICE OF 2
	APPLESAUCE ORANGE	PEARS BANANA	PEACHES APPLE	MIXED FRUIT APPLE/ORANGE
SALAD LUNCH	SALAD LUNCH	SALAD LUNCH	SALAD LUNCH	SALAD LUNCH
FRESH SPRING ROMAINE W/G CROUTONS	FRESH SPRING ROMAINE W/G CROUTONS	FRESH SPRING ROMAINE W/G CROUTONS	FRESH SPRING ROMAINE W/G CROUTONS	FRESH SPRING ROMAINE W/G CROUTONS
CHOICE OF	CHOICE OF	CHOICE OF	CHOICE OF	CHOICE OF
FRUIT CUP/FRESH FRUIT	FRUIT CUP/FRESH FRUIT	FRUIT CUP/FRESH FRUIT	FRUIT CUP/FRESH FRUIT	FRUIT CUP/FRESH FRUIT
MILK	MILK	MILK	MILK	MILK
FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE	FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE	FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE	FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE	FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE

** THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER**

WG = WHOLE GRAIN

G = GREEN VEGETABLE

R/O = RED/ORANGE VEGGIE

S = STARCHY VEGETABLE

O = OTHER VEGETABLE

WINDHAM HIGH SCHOOL

4/8/2024 MONDAY	4/9/2024 TUESDAY	4/10/2024 WEDNESDAY	4/11/2024 THURSDAY	4/12/2024 FRIDAY
CHOICE OF 1	CHOICE OF 1	CHOICE OF 1	CHOICE OF 1	CHOICE OF 1
NO SCHOOL	"TACO TUESDAY" BEEF TACO SALAD W/G TORTILLA	DOMINOS PIZZA	HOT DOG W/G BUN	PIZZA STICK W/MARINERA
PBJ UNCRUSTABLE	PBJ UNCRUSTABLE LETTUCE/TOMATO RICE/SALSA	PBJ UNCRUSTABLE	PBJ UNCRUSTABLE	PBJ UNCRUSTABLE
CHOICE OF 2	CHOICE OF 2	CHOICE OF 2	CHOICE OF 2	CHOICE OF 2
	BROCCOLI BLACK BEANS	BAKED LAYS TOSSED SALAD MIXED VEGGIES	CURLY FRIES CARROTS	POTATO WEDGES CORN
CHOICE OF 2	CHOICE OF 2	CHOICE OF 2	CHOICE OF 2	CHOICE OF 2
APPLESAUCE ORANGE	PEARS FRESH GRAPES	PEACHES APPLE	PINEAPPLE BANANA	MIXED FRUIT APPLE/ORANGE
SALAD LUNCH	SALAD LUNCH	SALAD LUNCH	SALAD LUNCH	SALAD LUNCH
FRESH SPRING ROMAINE W/G CROUTONS	FRESH SPRING ROMAINE W/G CROUTONS	FRESH SPRING ROMAINE W/G CROUTONS	FRESH SPRING ROMAINE W/G CROUTONS	FRESH SPRING ROMAINE W/G CROUTONS
CHOICE OF	CHOICE OF	CHOICE OF	CHOICE OF	CHOICE OF
FRUIT CUP/FRESH FRUIT	FRUIT CUP/FRESH FRUIT	FRUIT CUP/FRESH FRUIT	FRUIT CUP/FRESH FRUIT	FRUIT CUP/FRESH FRUIT
MILK	MILK	MILK	MILK	MILK
FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE	FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE	FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE	FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE	FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE

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WINDHAM HIGH SCHOOL

4/15/2024 MONDAY	4/16/2024 TUESDAY	4/17/2024 WEDNESDAY	4/18/2024 THURSDAY	4/19/2024 FRIDAY
CHOICE OF 1	CHOICE OF 1	CHOICE OF 1	CHOICE OF 1	CHOICE OF 1
CHICKEN TENDERS W/G ROLL	BBQ RIB SANDWICH W/G BUN	BISCUIT AND GRAVY	BEEF STEAK W/GRAVY W/G ROLL	FRENCH BREAD PIZZA
PBJ UNCRUSTABLE	PBJ UNCRUSTABLE	PBJ UNCRUSTABLE	PBJ UNCRUSTABLE	PBJ UNCRUSTABLE
CHOICE OF 2 ROASTED VEGGIES BAKED BEANS	CHOICE OF 2 MACARONI SALAD GREEN BEANS	CHOICE OF 2 HASHBROWNS CARROTS	CHOICE OF 2 MASHED POTATOES CORN	CHOICE OF 2 TOSSED SALAD W/TOM. BROCCOLI
CHOICE OF 2 APPLESAUCE ORANGE	CHOICE OF 2 PEACHES FRESH GRAPES	CHOICE OF 2 PEARS APPLE	CHOICE OF 2 PINEAPPLE BANANA	CHOICE OF 2 MIXED FRUIT APPLE/ORANGE
SALAD LUNCH FRESH SPRING ROMAINE W/G CROUTONS	SALAD LUNCH FRESH SPRING ROMAINE W/G CROUTONS	SALAD LUNCH FRESH SPRING ROMAINE W/G CROUTONS	SALAD LUNCH W/G CROUTONS W/G CROUTONS	SALAD LUNCH FRESH SPRING ROMAINE W/G CROUTONS
CHOICE OF FRUIT CUP/FRESH FRUIT	CHOICE OF FRUIT CUP/FRESH FRUIT	CHOICE OF FRUIT CUP/FRESH FRUIT	CHOICE OF FRUIT CUP/FRESH FRUIT	CHOICE OF FRUIT CUP/FRESH FRUIT
MILK FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE	MILK FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE	MILK FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE	MILK FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE	MILK FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE

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WINDHAM HIGH SCHOOL

4/22/2024 MONDAY	4/23/2024 TUESDAY	4/24/2024 WEDNESDAY	4/25/2024 THURSDAY	4/26/2024 FRIDAY
CHOICE OF 1	CHOICE OF 1	CHOICE OF 1	CHOICE OF 1	CHOICE OF 1
CHICK-FIL-A SANDWICH W/G BUN	CHICKEN CAESAR WRAP W/G TORTILLA	CHEESE QUESADILLA	MAC-N-CHEESE BITES W/G ROLL	DOMINOS PIZZA PEP. OR CHEESE
PBJ UNCRUSTABLE	PBJ UNCRUSTABLE	PBJ UNCRUSTABLE	PBJ UNCRUSTABLE	PBJ UNCRUSTABLE
LETTUCE/TOMATO CHOICE OF 2 WAFFLE FRIES GREEN BEANS CHOICE OF 2 APPLESAUCE ORANGE	BAKED LAYS CHOICE OF 2 CORN BLACK BEANS CHOICE OF 2 PEACHES FRESH GRAPES	RICE CHOICE OF 2 SALSA BROCCOLI CHOICE OF 2 PEARS APPLE	CHOICE OF 2 PEAS CARROTS CHOICE OF 2 PINEAPPLE BANANA	CHOICE OF 2 TOSSED SALAD W/TOM. BROCCOLI CHOICE OF 2 MIXED FRUIT APPLE/ORANGE
SALAD LUNCH	SALAD LUNCH	SALAD LUNCH	SALAD LUNCH	SALAD LUNCH
FRESH SPRING ROMAINE W/G CROUTONS	FRESH SPRING ROMAINE W/G CROUTONS	FRESH SPRING ROMAINE W/G CROUTONS	FRESH SPRING ROMAINE W/G CROUTONS	FRESH SPRING ROMAINE W/G CROUTONS
CHOICE OF	CHOICE OF	CHOICE OF	CHOICE OF	CHOICE OF
FRUIT CUP/FRESH FRUIT	FRUIT CUP/FRESH FRUIT	FRUIT CUP/FRESH FRUIT	FRUIT CUP/FRESH FRUIT	FRUIT CUP/FRESH FRUIT
MILK	MILK	MILK	MILK	MILK
FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE	FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE	FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE	FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE	FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE

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WINDHAM HIGH SCHOOL

4/29/2024 MONDAY	4/30/2024 TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p style="text-align: center;">CHOICE OF 1</p> <p>CHICKEN NUGGETS W/G ROLL</p> <p>PBJ UNCRUSTABLE</p> <p style="text-align: center;">CHOICE OF 2</p> <p>FRENCH FRIES BAKED BEANS</p> <p style="text-align: center;">CHOICE OF 2</p> <p>APPLESAUCE ORANGE</p> <p style="text-align: center;">SALAD BAR</p> <p>FRESH SPRING ROMAINE WHEAT CROUTONS</p> <p style="text-align: center;">CHOICE OF</p> <p>FRUIT CUP/FRESH FRUIT</p> <p style="text-align: center;">MILK</p> <p>FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE</p>	<p style="text-align: center;">CHOICE OF 1</p> <p>TOTALLY TACO</p> <p>PBJ UNCRUSTABLE</p> <p style="text-align: center;">RICE</p> <p style="text-align: center;">CHOICE OF 2</p> <p>BROCCOLI SALSA</p> <p style="text-align: center;">CHOICE OF 2</p> <p>PEACHES FRESH GRAPES</p> <p style="text-align: center;">SALAD LUNCH</p> <p>FRESH SPRING ROMAINE WHEAT CROUTONS</p> <p style="text-align: center;">CHOICE OF</p> <p>FRUIT CUP/FRESH FRUIT</p> <p style="text-align: center;">MILK</p> <p>FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE</p>	<p style="text-align: center;">CHOICE OF 1</p> <p style="text-align: center;">CHOICE OF 2</p> <p style="text-align: center;">CHOICE OF 2</p> <p>PEARS APPLE</p> <p style="text-align: center;">SALAD LUNCH</p> <p>FRESH SPRING ROMAINE WHEAT CROUTONS</p> <p style="text-align: center;">CHOICE OF</p> <p>FRUIT CUP/FRESH FRUIT</p> <p style="text-align: center;">MILK</p> <p>FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE</p>	<p style="text-align: center;">CHOICE OF 1</p> <p style="text-align: center;">CHOICE OF 2</p> <p style="text-align: center;">CHOICE OF 2</p> <p>PINEAPPLE BANANA</p> <p style="text-align: center;">SALAD LUNCH</p> <p>FRESH SPRING ROMAINE WHEAT CROUTONS</p> <p style="text-align: center;">CHOICE OF</p> <p>FRUIT CUP/FRESH FRUIT</p> <p style="text-align: center;">MILK</p> <p>FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE</p>	<p style="text-align: center;">CHOICE OF 1</p> <p style="text-align: center;">CHOICE OF 2</p> <p style="text-align: center;">CHOICE OF 2</p> <p>MIXED FRUIT APPLE/ORANGE</p> <p style="text-align: center;">SALAD LUNCH</p> <p>FRESH SPRING ROMAINE WHEAT CROUTONS</p> <p style="text-align: center;">CHOICE OF</p> <p>FRUIT CUP/FRESH FRUIT</p> <p style="text-align: center;">MILK</p> <p>FAT FREE CHOCOLATE FAT FREE STRAWBERRY</p>
<p>*THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER*</p>				<p style="text-align: right;">L = LEGUMES</p>
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